



## SENIOR ADVISORY BOARD MINUTES

**Monday, July 18, 2022**  
**City Hall Conference Room**  
**4000 Main Street**  
**Rowlett, TX 75088**

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**Present:** Regular members: Chair: Kenneth Williams; Vice Chair Susan Bell; Virginia Denson, Wathenia Clark, Alberta Reese; Alternates: Sharon Pouzar, Dianna Lieberenz

**Absent:** Cheryl Smith

**Visitors:** Brownie Sherill, Stanley Pollard

**Staff:** Shelly Monroe, Parks and Recreation Administrative Assistant; Pamela Bell, City Council Liaison; Kari Pacheco, Parks and Recreation Assistant Director; Colin Paterson, Senior Recreation Programmer

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1. The Vice Chair, Susan Bell, called the meeting to order at 10:01 a.m. Quorum present.
2. Citizen's Input. (Kenneth Williams entered)  
Brownie Sherrill suggested persons walking their dog should walk with barefoot to experience the heated cement for protection of their dog's feet.
3. Consider approving the minutes from June 20, 2022.
  - A. Alberta Reese made a motion to approve the June 20, 2022 minutes.
  - B. Virginia Denson seconded the motion.
  - C. Approved 5 to 0.
4. Rowlett Parks and Recreation Department presentation.
  - A. Kari Pacheco shared information on the department's focus, organizational chart, the four divisions of the department and CAPRA.
  - B. Covered the classification of parks, undeveloped parks, and developed parks.
  - C. Presented the different CIP projects such as Lakeside Park restroom, Kenwood Heights Playground improvements, Lake Highland Trail, Nature Trail improvements, Lakefront at Pecan Grove Park, Community Park field improvements, and erosion control/shore stabilization at Springfield and Lakeside Parks.
  - D. Provided information on recreation programs, athletics, Wet Zone, and Special Events.
5. Senior program and activity update.
  - A. Approximately 15 persons attended the first pancake breakfast held last Friday. This breakfast was offered in partnership with SCOR. Future breakfast events will be held on the third Friday of each month at 9:30am.
  - B. The trip to WINSTAR WORLD CASINO will be on July 28<sup>th</sup> and there is a waiting list for this event.
  - C. Baylor Scott & White will present information on Medicare and Medicaid tomorrow at 1:30pm at the community centre. Refreshments will be available.
  - D. Trivia Night is a new program to be held in August.



- E. Sharon Pouzar asked if there is a plan to hold a senior dance event. Colin Paterson said he will look into this. Also mentioned that in Saturday Dallas Morning News there is senior group section and staff may look into adding Rowlett for promoting some of the events, programs and activities.
- 6. Update from City Council liaison, Pamela Bell.
  - A. Keep Rowlett Beautiful was awarded \$270,000 through the Governor's Community Achievement Award. This is in conjunction with TxDot. At present, uncertain of how these funds will be used.
  - B. The library's summer programs has been a huge success.
  - C. FCC trash is experiencing some problems.
  - D. City Council will be working on City Charter update for 2023.
  - E. Summer Concert Series will be on each Friday of August in evening.
  - F. City Council continues to focus on the new budget.
  - G. Reminded about the CIP survey can be filled out online or at various kiosk station with one being at the Community Centre and Library.
  - H. Provided tax statistics for Rowlett.
  - I. If you know someone having problems with paying electric bill, check with Salvation Army.
  - J. Neighborhood Planning block party at Cedar Bridge Park will be held July 23<sup>rd</sup> from 7pm - 9pm.
  - K. City Council approved an amendment to Chapter 66 Traffic and Vehicles to designate truck routes and to revise penalty provisions regarding the operation of trucks and commercial motor vehicles
- 7. Follow up on plans for the November seminar.

The topic for November is Estate Planning & Wills. Need a speaker. The date of November 8<sup>th</sup> is Election Day and members feel this is a conflict therefore agreed to re-schedule the seminar to November 15<sup>th</sup>. Sharon Pouzar has a contact who can possibly be the speaker for the November.
- 8. Quarterly update on the AARP Action Plan.
  - A. Status of year one strategies and goals were reviewed.
  - B. A Senior Facebook page has been set up and information will be distributed soon.
- 9. Choose a recipient for the Senior Friendly Business Award.

The top three contenders are Iris Memory Care, Tom Thumb and Walgreens. Voting resulted in 1 - 4 - 2 respectively. The recipient for this award is Tom Thumb and will be presented with a plaque at City Council meeting on September 20, 2022. The other two businesses will be recognized during the September 19<sup>th</sup> regular meeting.
- 10. Follow up on the status of the Resource Fair vendors.

Virginia Denson and Alberta Reese voiced that contact has been made with all 42 vendors and thus far 34 vendors have accepted the invitation.
- 11. Discuss Alzheimer's Foundation of America's request. (Virginia Denson exited).
  - A. AFA inquired if the City of Rowlett would like to participate in their free event Light the World Teal to be held November 3, 2022. Members unanimously support



the participation. S Monroe will complete registration. Iris Memory Care and Beehive will be invited along with Senior Advisory Board to support the proclamation at City Council on October 18, 2022.

12. Senior Concerns.  
Sharon Pouzar mentioned high-cost electric bills and there is a savings resource called Free Nights & Solar Days that can help reduce the cost. Reminder that Senior Citizens of Rowlett (SCOR) will assist low income seniors with a limit of one time.
13. No Public announcements.
14. Members of the board requested topics for future meetings.  
Kenneth Williams with Senior Citizens of Rowlett - working in conjunction with Counseling Institute of Texas for mental health program to offer to seniors.
15. Adjourn at 11:28 a.m.

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Kenneth Williams, Chair

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Kari Pacheco, Parks & Recreation Assistant Director